



Hazelnut Cocoa Bites

8 servings 20 minutes

Ingredients

cup Hazelnuts
tbsps Cocoa Powder
tbsps Maple Syrup
tsp Sea Salt

Directions

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Preheat the oven to 375°F (191°C) and line a baking sheet with parchment paper. Add the hazelnuts and place in the oven for 8 to 10 minutes, until toasted. Remove and rub with a clean kitchen towel to remove the skins. Place in a blender or food processor to chop well. Reserve a small handful of the chopped nuts for rolling the balls in and set aside on a plate.

Add the cocoa powder, maple syrup and salt to the hazelnuts and process until the dough comes together.

Remove the dough and using slightly damp hands, roll into golf ball-sized balls. Roll each ball into the reserved chopped hazelnuts. Place in a sealed container in the fridge to harden slightly, about 20 minutes. Enjoy!

Notes

Leftovers: Refrigerate in an airtight container for up to seven days or freeze for up to three months.

Serving Size: One serving is equal to one ball.

More Flavor: Add vanilla extract.